

## महा मृत्युञ्जय मंत्र

ॐ त्र्यम्बकं यजामहे, सुगन्धिं पुष्टि-वर्धनम्  
उर्वा-रुकमिव बन्धनान, मृत्यो-र्मुकस्सीय मामृतात्

<b>OM</b>	Almighty God
<b>Tryambakam</b>	three-eyed
<b>Yajamahe</b>	We worship, adore, honour, revere
<b>Sugandhim</b>	sweet fragrance
<b>Pushti</b>	A well-nourished condition, thriving, prosperous, full, and complete
<b>Vardhanam</b>	One who nourishes, strengthens, causes to increase (in health, wealth, well-being); who gladdens, exhilarates, and restores health; a good gardener
<b>Urvarukam</b>	disease, attachment, obstacles in life, and resulting depression
<b>Iva</b>	Like, just as
<b>Bandhanan</b>	Stem (of the gourd); but more generally, unhealthy attachment
<b>Mrityor</b>	From death
<b>Mukshiya</b>	Free us, liberate us
<b>Ma</b>	not
<b>Amritat</b>	Immortality, emancipation